DIRECTORY
OF SERVICES
afm
OF MANITOBA

Directory of Services
Alcoholism Foundation of Manitoba

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THE ALCOHOLISM FOUNDATION OF MANITOBA

The Alcoholism Foundation of Manitoba Act, passed in 1956, authorized the provision of facilities and services for treatment and rehabilitation of alcoholics, as well as counselling, education, prevention and research.

The Foundation mandate was expanded in 1976 to include public health issues related to the use of alcohol and other drugs, prevention, and funding of private agencies working with clients with addiction-related problems.

Corporate Mission:

The Alcoholism Foundation of Manitoba is the provincial authority responsible for providing prevention and treatment programs related to chemical misuse and dependency to individuals and communities; for conducting research into the negative effects of substance abuse; and in so doing, for promoting the health and well-being of Manitobans.

Corporate Roles:

As a service provider the AFM conducts intervention, prevention, treatment, rehabilitation, research and evaluation programs, including public information, education and training services; the AFM operates treatment centres and offices to deliver such programs.

As a sponsor and funder the AFM enters into agreements with, and makes grants to, government and non-government agencies conducting activities consistent with the mission of the Foundation.

As a leader the AFM provides expertise, encouragement and motivation to the community, government and non-government agencies in addressing the problems associated with chemical misuse and dependency; and thereby promotes the health, independence and potential of Manitobans.

Structure:

The Alcoholism Foundation of Manitoba is a provincial crown agency governed by a Board of Governors appointed by the Lieutenant Governor-in-Council. In the Western and Northern Regions, Regional Advisory Boards, made up of interested and informed citizens, act in an advisory capacity to the Regional Administrator and the Board of Governors.

Rehabilitation, prevention and education, and impaired driver services are available across the province. These services are administered through **Regional Offices** in Brandon (Western Region), Thompson (Northern Region) and Winnipeg (Winnipeg Region). Programs and their availability may vary from location to location.

The **Awareness and Information Unit** provides province-wide awareness services, media relations, information, research, program evaluations, library services and maintains the statistical information system.

The **Finance and Personnel Unit** provides service, direction and control to the organization in the areas of budgeting, accounting, internal audit, administration of Federal/Provincial cost shared programs and management information system programs. The Personnel staff provide services in the areas of recruitment, salary administration, labour relations, job analysis, human resource planning and related committee work.

The Alcoholism Foundation of Manitoba provides funding and promotes ownership, responsibility and collaboration of community partners in program development initiatives. Nine external addiction agencies receive funding grants:

Alcohol Recovery Communities Inc.
Churchill Health Centre
Kia Zan Inc.
Native Alcoholism Council of Manitoba
Rosair e House Addiction Centre
Sagkeeng Alcohol Rehabilitation Centre Inc.
St. Norbert Foundation
Salvation Army
Women's Post Treatment Centre

For more information on funded agencies and other community organizations, consult the Directory of Manitoba Addictions Services and Programs available from the AFM Library.

DRUG AND ALCOHOL AWARENESS AND INFORMATION UNIT

Serves all Regions of the Alcoholism Foundation of Manitoba from the Corporate Office in Winnipeg.

Awareness and Information Services

This Unit develops information systems and strategies which maintain and enhance communication among decision-makers, the general public, potential clients, the addictions field and the Foundation as a whole.

Awareness and Information develops and disseminates AFM print collaterals including directories, pamphlets and brochures, articles and supplements, newsletters and news releases. As well, the Unit initiates electronic and print media coverage and develops advertising campaigns.

AFM's Awareness and Information Unit initiates partnerships between corporations and community agencies for the development of projects such as Manitoba's Designated Driver Program, which is the collaborative effort of the Manitoba Public Insurance Corporation, the Liquor Control Commission and the Alcoholism Foundation of Manitoba; or the sponsorship of a provincial Drug Awareness Week (DAW) Committee, comprised of 14 outside agencies with province-wide responsibilities.

Research and Data Services

The Research Unit conducts program evaluations and research activities of the Foundation and coordinates the activities of external researchers involved with the AFM. Strict protocol is in place to preserve client confidentiality and to ensure ethical standards for all research projects.

A Uniform Data System (UDS) is maintained to provide information and analysis of program statistics and services. The UDS maintains a client database for the AFM and its funded agencies. Client and program demographics are collected for all services delivered. Summary reports are made available to all programs on a quarterly basis.

William Potoroka Memorial Library

The province's most comprehensive collection of books, journals and audio/visual titles is maintained by the Foundation Library. This collection is available to the general public throughout Manitoba.

The Library also operates as the distribution centre for most AFM informational documents such as pamphlets, brochures, posters and catalogues.

On-line computer connections with provincial and national libraries and information centres are maintained.

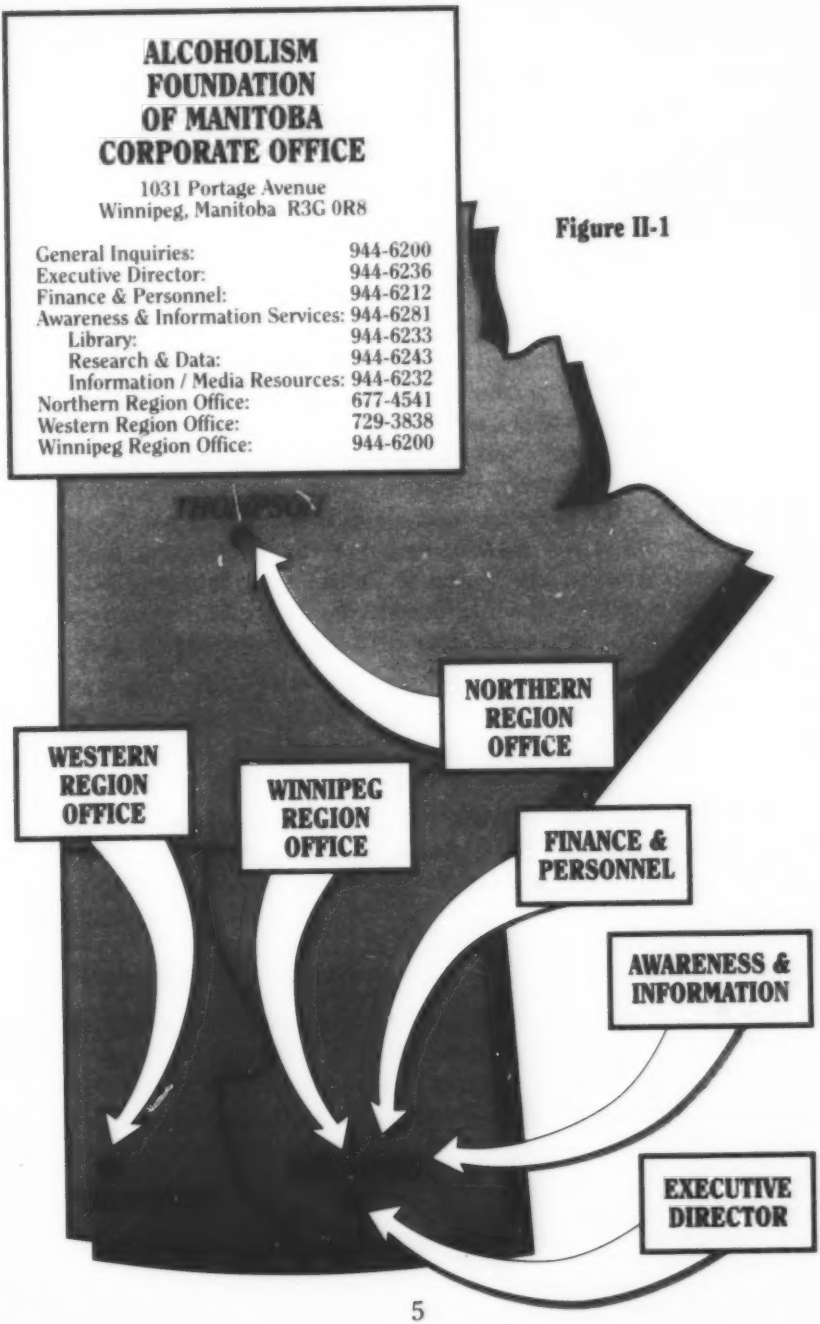

ALCOHOLISM
FOUNDATION
OF MANITOBA
CORPORATE OFFICE
1031 Portage Avenue
Winnipeg, Manitoba R3G 0R8
General Inquiries: 944-6200
Executive Director: 944-6236
Finance & Personnel: 944-6212
Awareness & Information Services: 944-6281
Library: 944-6233
Research & Data: 944-6243
Information / Media Resources: 944-6232
Northern Region Office: 677-4541
Western Region Office: 729-3838
Winnipeg Region Office: 944-6200
NORTHERN REGION OFFICE
WESTERN REGION OFFICE
WINNIPEG REGION OFFICE
FINANCE & PERSONNEL
AWARENESS & INFORMATION
EXECUTIVE DIRECTOR

Figure II-1

NORTHERN REGION

Northern Region provides services in Thompson, Gillam, The Pas, Flin Flon, and Leaf Rapids areas of Manitoba.

REHABILITATION SERVICES 677-4541

Residential Programs

The Polaris Place facility offers a 21-day coed residential program that addresses the problem of client addiction and the reintegration of the client into the community through the support of family, friends and community resources. Native Culture programming has been developed to recognize the fact that a high percentage of Polaris Place clients are of Native ancestry. This programming provides an introduction to some aspects of Native culture, to explore ways in which alcohol and drug use has interfered with the expression of traditional values and beliefs, and examines some of the issues surrounding cultural conflict.

An eight-bed **Halfway House** is also located at Polaris Place. The House provides a supportive, drug-free environment for chemically-dependent individuals actively involved in a recovery program. A specialized group program, designed to deal with relapse issues is also available.

The Halfway House prepares chemically-dependent individuals, who have completed the rehabilitation program, for reintegration into the community. The program is self-supporting as clients pay room and board.

Non-residential Treatment

Aftercare is an important component in the recovery process. As a client progresses through the rehabilitation process, Northern Region staff provide aftercare support. Client/counsellor contact is maintained for some time through the residential/non-residential programs, continuing care, community link-ups and follow-up.

A **Family Awareness Program** is also available. The purpose of this program is to help participants understand the impact of chemical dependence on family members.

Community Addictions Workers (CAWs) in The Pas, Thompson, Flin Flon, and Leaf Rapids provide non-residential services. This program is for clients who do not require the intensive daily intervention of a residential program. Staff work in the community with other groups and agencies who support the continuing recovery process.

Impaired Drivers' Program

Under Manitoba's Highway Traffic Act, any Manitoban convicted of impaired driving under the Criminal Code, or anyone in receipt of an Administrative Suspension, must enter the Impaired Drivers' Program at the Alcoholism Foundation of Manitoba for assessment*, before a driver's licence is reinstated. This is a requirement of the Registrar of Motor Vehicles.

* There is a non-refundable fee for service payable to the AFM to cover the costs of the required assessment. This fee must be paid prior to the rendering of services.

Assessment: A process to determine the degree of an offender's chemical use. The offender completes an assessment questionnaire and is interviewed by a counsellor. From this interview, the counsellor determines to what extent alcohol and other chemicals have interfered in the offender's life. Based on the assessment, no further action may be required or an offender may be referred to an education workshop, high risk program and/or rehabilitation program. With the offender's authorization assessment results are reported to Driver and Vehicle Licencing.

Education Workshop: A one-day workshop for offenders, geared to developing alternatives to drinking and driving. The workshop provides accurate information on alcohol and other drugs and their effects on driving motor skills. It differentiates drinking and driving behaviours. Offenders deemed to be at risk of re-offending are referred to this workshop after completing the assessment process.

High Risk Program: A program designed to influence behaviour change related to chemical usage, and to encourage individuals convicted of impaired driving who have been assessed "at risk" of developing a chemical dependency problem, to develop life functioning skills. During the program, offenders increase their knowledge about their own chemical abuse problem, and develop a plan of action to address issues identified. This program advocates self-directed learning.

Rehabilitation Program: Individuals identified as having an active chemical usage problem are referred to an AFM Non-Residential, Day or Residential program and/or an alternative helping resource.

The Impaired Drivers' Program is available in the Northern Region at Thompson, The Pas, Flin Flon, Leaf Rapids and Gillam.

PREVENTION AND EDUCATION PROGRAMS 677-4541

Northern Region staff offer a variety of prevention and education services. Programs provide for the development and delivery of specialized presentations and/or workshops as they relate to the prevention and education of alcohol and other drug issues.

Prevention and education activities include the delivery of alcohol and drug awareness sessions for community caregivers, teachers and other professionals. As well, regional staff respond to numerous requests for public information and education presentations.

Community Education Courses

Northern Region staff deliver informative courses on addictions and skills in management of alcohol/drug related problems. The Chemical Dependency Intervention Course (CDIC) is one example of the type of course available to Northern residents. AFM Staff are also available to assist groups with customized courses.

YOUTH PROGRAMS 677-4541

A non-residential youth program is presently only available in Winnipeg. Northern Region staff work within the community to promote alcohol and drug free lifestyle activities. Staff are available to assist students and teachers and regularly make presentations in the schools in the Region. In addition to teacher training and facilitating parent awareness sessions for the Tuning In To Health (TITH) program, regional staff conduct workshops for school staff on such topics as: signs and symptoms of drug use, helping children of alcoholics, the effects of alcohol and other drugs. Staff also consult with school divisions in developing policy and procedures to help students who come to school under the influence.

Staff work with school groups to initiate programs that deal with leadership and that foster healthy lifestyles and promote parenting groups and training through programs like STEP and Kids and Drugs, providing facilitation when necessary.

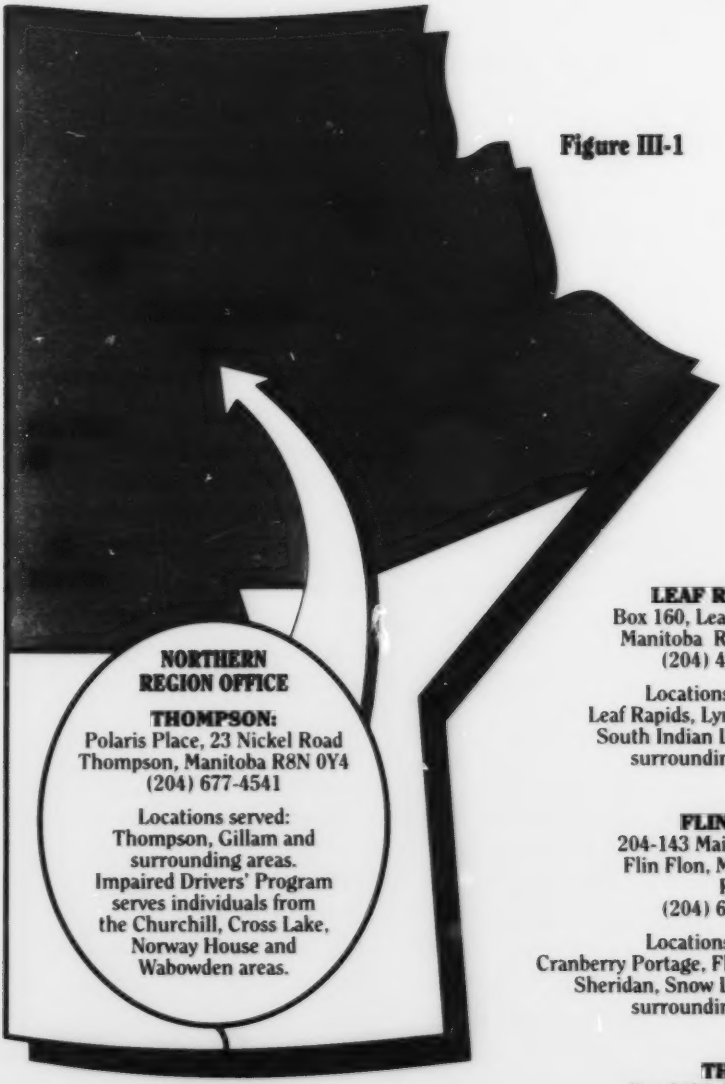
The Northern and Rural Youth Intervention Strategy (YIS) addresses the alcohol and drug information and counselling needs of students in the Manitoba secondary school system. YIS provides intervention and treatment services for youth affected by alcohol/drug related problems. Using a Student Assistance Program approach, Youth Treatment Workers facilitate early intervention of adolescent problems and collaborate with community professionals and referring agencies to ensure that a wide intervention network meets the needs of chemically dependent and at risk adolescents.

The YIS facilitates drug and alcohol policy development in schools and trains teachers and guidance counsellors in the identification of alcohol and drug problems. Operating on a pilot basis in rural and northern areas, the Youth Intervention Strategy has been established in selected schools in The Pas and Thompson areas.

Employee Assistance Program

Northern Region staff work in the business community to develop Employee Assistance Programs (EAP). Regional staff provide information sessions, consultation and training of labour and management in developing and maintaining an effective EAP policy. The purpose of EAP is to provide a program whereby employees with a personal problem of any kind (not only substance abuse) will know where helping resources are available.

Figure III-1



LEAF RAPIDS:
Box 160, Leaf Rapids
Manitoba R0B 1W0
(204) 473-8122

Locations served:
Leaf Rapids, Lynn Lake,
South Indian Lake and
surrounding areas.

FLIN FLON:
204-143 Main Street
Flin Flon, Manitoba
R8A 1K2
(204) 687-8218

Locations served:
Cranberry Portage, Flin Flon,
Sheridan, Snow Lake and
surrounding areas.

THE PAS:
Box 2039, The Pas,
Manitoba R9A 1L7
(204) 623-5489

Locations served:
Cormorant, Easterville, Grand Rapids,
Moose Lake, The Pas and surrounding areas.
Impaired Drivers' Program serves individuals from the
Cranberry Portage, Flin FLon, Sheridan and Snow Lake areas.

WESTERN REGION

Western Region provides services from offices located in Brandon, Ste. Rose du Lac, Dauphin, Minnedosa, Rossburn and Swan River.

REHABILITATION SERVICES 729-3838

Residential Programs

Residential Treatment at Parkwood in Brandon (15 beds) and Willard Monson House in Ste. Rose du Lac (15 beds) provide a 21-day residential rehabilitation program for men and women. The program addresses the addiction problem and the reintegration of the client into the community through the support of family, friends and other resources.

The rehabilitation program is holistic in its approach and relies on self-help organizations in the community to assist clients in recovery. While the program is co-educational, women where possible are counselled by female staff, attend women's groups, and have access to specific resource materials.

Non-Residential Programs

Non-residential programming is available for those persons who have family/ community supports and do not require the intensive daily intervention of a residential program. Individual and group sessions are designed to prevent the need for residential rehabilitation, and to stabilize the individual within the community.

Community Addiction Workers (CAWs) in Rossburn, Minnedosa, Brandon, Dauphin and Swan River provide intervention, referral and non-residential counselling services to clients in the Western Region. CAW staff liaise on an on-going basis with helping agencies, caregivers, community and health groups to ensure a high standard of care for clients in their community.

Aftercare programs are available to all clients participating in rehabilitation programs. Aftercare assists the client's reintegration into the community through the support of family, friends and other resources.

Relapse Prevention Programs assist those clients assessed as being at high risk of relapse. Client groups meet weekly with a counsellor and upon completion continue in a self-help mode.

Family Awareness Program groups are held to provide support for the affected relatives, friends and employers of the chemically dependent client. The **Family Program** is a ten-week education and awareness program, combined with individual counselling, that complements services to families.

Impaired Drivers' Program (IDP)

Under Manitoba's Highway Traffic Act, any Manitoban convicted of impaired driving under the Criminal Code, or anyone in receipt of an Administrative Suspension, must enter the Impaired Drivers' Program at the Alcoholism Foundation of Manitoba for assessment*, before a driver's licence is reinstated. This is a requirement of the Registrar of Motor Vehicles.

* There is a non-refundable fee for service payable to the AFM to cover the costs of the required assessment. This fee must be paid prior to the rendering of services.

Assessment: A process to determine the degree of an offender's chemical use. The offender completes an assessment questionnaire and is interviewed by a counsellor. From this interview, the counsellor determines to what extent alcohol and other chemicals have interfered in the offender's life. Based on the assessment,no further action may be required or an offender may be referred to an education workshop, high risk program and/or rehabilitation program. With the offender's authorization assessment results are reported to Driver and Vehicle Licencing.

Education Workshop: A one-day workshop for offenders, geared to developing alternatives to drinking and driving. The workshop provides accurate information on alcohol and other drugs and their effects on driving motor skills. It differentiates drinking and driving behaviours. Offenders deemed to be at risk of re-offending are referred to this workshop after completing the assessment process.

High Risk Program: A program designed to influence behaviour change related to chemical usage, and to encourage individuals convicted of impaired driving who have been assessed "at risk" of developing a chemical dependency problem, to develop life functioning skills. During the program, offenders increase their knowledge about their own chemical abuse problem, and develop a plan of action to address issues identified. This program advocates self-directed learning.

Rehabilitation Program: Individuals identified as having an active chemical usage problem are referred to an AFM Non-Residential, Day or Residential program and/or an alternative helping resource.

The Impaired Drivers' Program is available in the Western Region at Brandon and Dauphin.

PREVENTION AND EDUCATION PROGRAMS 677-4541

Community Education Courses

Western Region staff provide a range of courses focusing on knowledge of addictions and skills related to the management of alcohol/drug related problems. Prevention Education Consultants (PEC) staff can assist organizations with customized courses based on identified needs. Prevention and Education activities include public information and awareness sessions given to community caregivers, teachers, and other professionals.

YOUTH PROGRAMS 677-4541

A non-residential youth program is presently only available in Winnipeg. In the Western Region, staff work with local youth groups, schools and community groups to provide support for youth in alcohol/drug free lifestyle activities. Some examples include Student Match, Peer Support, Students Triumph Over Problems (STOP), and Kids Interested in Staying Straight (KISS).

"Tuning In To Health" (TITH) is a practical, comprehensive drug education program for grades 2-9 (optional). Western Region staff provide in-service teacher training and follow-up to this program which is widely used throughout the Region's schools.

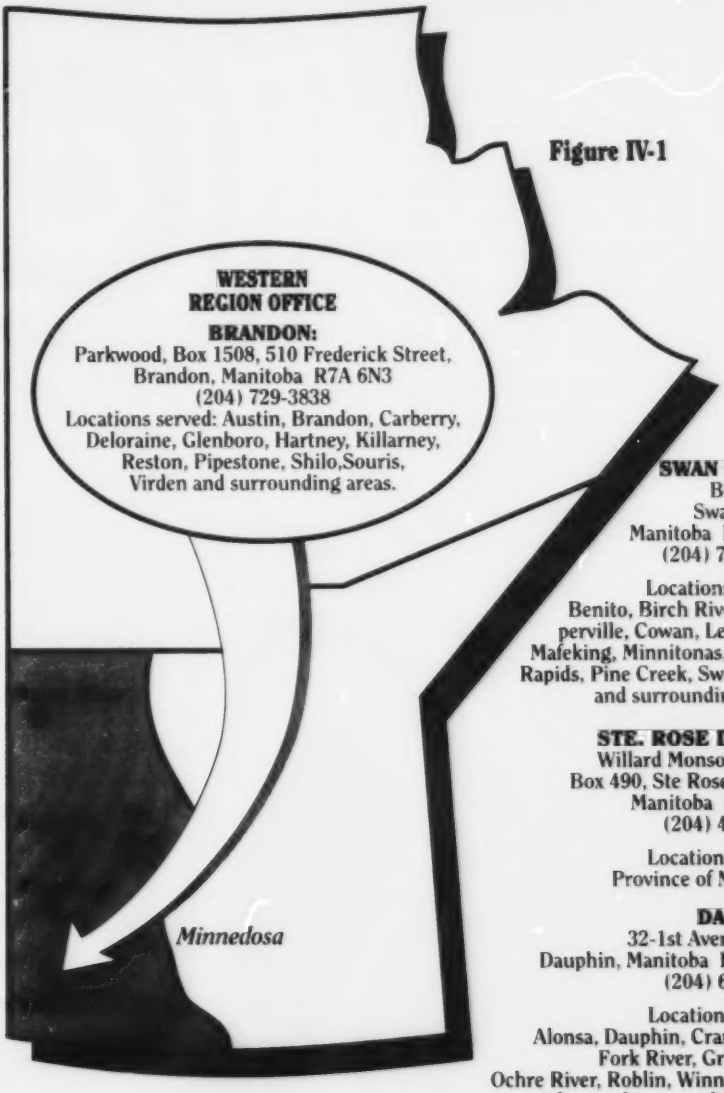
The Northern and Rural Youth Intervention Strategy (YIS) addresses the alcohol and drug information and counselling needs of students in the Manitoba secondary school system. YIS provides intervention and treatment services for youth affected by alcohol/drug related problems. Using a Student Assistance Program approach, Youth Treatment Workers facilitate early intervention of adolescent problems and collaborate with community professionals and referring agencies to ensure that a wide intervention network meets the needs of chemically dependent and at risk adolescents.

The YIS facilitates drug and alcohol policy development in schools and trains teachers and guidance counsellors in the identification of alcohol and drug problems. Operating on a pilot basis in rural and northern areas, the Youth Intervention Strategy has been established in selected schools in Dauphin and Brandon areas.

Employee Assistance Program

Regional staff assist employers in establishing Employee Assistance Programs. The EAPs are designed to help employees/employers identify the distressed employee, encouraging them to seek help and to access the services required. Western Region staff provide information sessions, consultation and training of labour and management in developing and maintaining an effective EAP policy.

Figure IV-1


WESTERN
REGION OFFICE
BRANDON:
Parkwood, Box 1508, 510 Frederick Street,
Brandon, Manitoba R7A 6N3
(204) 729-3838
Locations served: Austin, Brandon, Carberry,
Deloraine, Glenboro, Hartney, Killarney,
Reston, Pipestone, Shilo,Souris,
Virden and surrounding areas.
SWAN RIVER:
Box 1450,
Swan River,
Manitoba R0L 1Z0
(204) 734-2030
Locations served:
Benito, Birch River, Camperville, Cowan, Lenswood,
Mafeking, Minnitonas, Pelican
Rapids, Pine Creek, Swan River
and surrounding areas.
STE. ROSE DU LAC:
Willard Monson House
Box 490, Ste Rose du Lac,
Manitoba R0L 1S0
(204) 447-2929
Locations served:
Province of Manitoba
DAUPHIN:
32-1st Avenue N.W.
Dauphin, Manitoba R2N 1G7
(204) 638-9231
Locations served:
Alonsa, Dauphin, Crane River,
Fork River, Grandview,
Ochre River, Roblin, Winnipegosis,
Sifton and surrounding areas.
Minnedosa
MINNEDOSA:
Box 40, Minnedosa, Manitoba
R0J 1E0
(204) 867-3849
Locations served:
Kelwood, Neepawa, Minnedosa,
Onandale and surrounding areas.
ROSSBURN:
Box 399, Rossburn, Manitoba
R0J 1V0 (204) 859-2375
Locations served:
Foxwarren, Miniota,
Rossburn, Russell, Sandy Lake,
Shoal Lake and surrounding areas.

WINNIPEG REGION

Winnipeg Region provides services from office locations in Beausejour, Gimli, Portage la Prairie, Selkirk and Winnipeg.

REHABILITATION SERVICES

Intake Services 944-6200

All individuals accessing Winnipeg Region's rehabilitation programs are initially screened by the Intake Units. Intake is offered at 1041 Portage for the male population, at the Women's Centre, 586 River Avenue, for the female population, youth at 100 Nassau Street, and in Satellite Offices of Portage la Prairie, Beausejour, Selkirk and Gimli.

Staff determine the degree of a client's chemical use or dependency and refer the client to the appropriate helping resource(s). This resource may be an AFM program/service or another alcohol and drug abuse agency and/or self-help group.

The AFM employs a full-time Clinical Psychologist and part-time physicians who contribute to the assessment process. Intake staff refer clients to these resources when psychological disorders or medical complications/symptoms are evident.

Primary Care Unit 944-6228

The Primary Care Unit ensures the physical safety of clients while in the final stages of withdrawal from alcohol or other drug use. The Unit has 15 beds (10 men/5 women) and provides medical, psychological and 24-hour nursing care as well as counselling services to those clients who would be at risk if left to withdraw without medical supervision. The Unit allows for early discharge from hospitals, of individuals who have been admitted due to chemical dependency. It also allows community physicians, through the AFM physician, to refer chemically dependent patients for observation, on-going assessment and subsequent referral to a rehabilitation program. Length of stay averages four to five days but is dependent upon the physical capabilities of the client.

Men's Residential Unit 944-6200

The Unit has 30 beds and offers 21-day programming for chemically dependent men.

The criteria for admission is based on the individual's inability to remain abstinent from mood/mind altering drugs in a non-residential setting; difficulty maintaining a healthy level of functioning on a daily basis without using drugs; non supportive community or living environment; inability to access non-residential treatment services within the home community.

Clients receive individual and group counselling services, participate in film presentation, discussions and lectures. Following this portion of the program clients are referred to an aftercare program as well as being introduced to a self-help program in the community. It should be noted that in accordance with a client's individual needs, length of stay in residential programming may be extended if required.

Non-Residential Services 944-6200

Non-residential rehabilitation programs are available to chemically dependent men and women who have sufficient community resources and supports in place to maintain abstinence without entering a more intensive program. Approximately 13 weeks in duration, the non-residential program offers individual and group counselling sessions, lectures, films and discussion groups. Programs are offered during the day and evening and are open to both men and women or on a gender-specific basis. During the rehabilitation process links are established with various self-help and community groups for continued support.

Day Program 944-6200

The Day Program is designed for men and women who do not require the structured setting of residential care, but do require a more intense program than that offered on a non-residential basis. The program consists of 14 full days of intensive programming. During the rehabilitation process links are established with various self-help and community groups for continued support. Following this portion of the program, clients enter a three-month aftercare component and subsequent follow-up for six months to two years.

WOMEN'S CENTRE FOR SUBSTANCE ABUSE

River House Residential Program 944-6229

River House has 15 beds and offers a 28-day program for chemically dependent women. The program includes group and individual counselling sessions, lectures, film presentation and discussion groups. In addition to addressing issues specific to addictions, the program recognizes the complexity of concerns pertaining to a woman's recovery. During the rehabilitation process, links are established to various self-help and community groups for continued support.

Following the program, clients are referred to aftercare. It should be noted that in accordance with a client's individual needs, length of stay in residential programming may be extended if required.

Christie House Non-Residential Programming 944-6229

Non-residential rehabilitation programs are available to chemically dependent women who have sufficient community resources and supports in place to maintain abstinence without entering a more intensive program. Approximately 20 weeks in duration, the non-residential program offers individual and group counselling sessions, lectures, film presentations and discussion groups. Programs are offered during the day and evening. During the rehabilitation process links are established with various self-help and community groups for continued support.

Christie House staff also coordinate services designed to meet specific needs of chemically dependent women. This includes medical, family and other special issues on an individual and group basis. At Christie House, prevention and education programming to meet community requirements is available, including training for health and social service professionals in the recognition of chemical dependency and the factors which contribute to successful recovery.

Aftercare Services 944-6200

All AFM rehabilitation programs offer Aftercare groups and individual counselling sessions to clients who have completed their primary program. The duration of aftercare is approximately three months, during which time clients are given the opportunity to explore relapse issues; gain further support in problem-solving (alcohol/drug free); explore community supports that may not have been identified in primary treatment; and to review family issues/concerns relative to support resources. Upon completion of the Aftercare program the counsellor remains in contact with the client on a follow-up basis for approximately two years.

Family Services Program 944-6229

Day Program: The Family Services Program provides individual and group counselling primarily for the family and/or significant other of an individual participating in an AFM rehabilitation program. The program consists of crisis counselling, family assessments, referral to community resources, family conferences for chemically dependent clients and their families, structured interventions, as well as a formal rehabilitation program (psycho-educational, experiential and group therapy), and aftercare planning.

Evening Program: The evening program provides education and support to individuals who are affected by the chemical use of a friend or family member. Group and individual counselling sessions are provided.

In addition to the above, Family Services staff provide consultation services to a variety of community agencies and groups.

Seniors Program 944-6200

The Seniors Program has been designed specifically for seniors experiencing alcohol or other drug problems and for those at risk of developing such problems. The program offers outreach/intake for seniors in their home environment; individual counselling as well as group discussions, aftercare and follow-up.

The program is delivered on-site at 185 Smith Street through the cooperation of Age and Opportunity thus making the program more accessible to seniors.

PREVENTION AND EDUCATION PROGRAMS

Winnipeg Region provides a broad-range of drug and alcohol related prevention and education services for all target groups including: women, seniors, youth, health care/social service professionals, industry and labour, Community Committees and other groups/organizations. In addition to offering the following "packaged" programs, prevention/education staff respond to a variety of requests to conduct specialized presentations and/or workshops as they relate to the prevention and education of alcohol and other drug issues.

• Issues on Substance Abuse and Women

This two-day program provides health care professionals, employee assistance counsellors and other caregivers with increased awareness and understanding of the unique issues which are common to chemically dependent women. Program focuses on developing skills in the areas of recognition, intervention, referral and prevention.

• Tuning In To Health (TITH)

A preventive alcohol and other drug education curriculum designed for students from grades 2 to 9. The program is divided into three components: Early Years, Middle Years and Junior High, and is recommended by Manitoba Education for use with the Chemical Use Section of the Manitoba Health Education curriculum. Youth Unit staff provide in-service training to teachers who will be using the program and work with Manitoba Education on program revisions. TITH Early Years (Grades 2 to 3) examines issues surrounding hazardous products and medicine; Middle Years (Grades 4 to 6) examines such issues as drugs and decision making; drugs and influences and smoking; and Junior High (Grades 7 to 9) examines and deals with the non-use of alcohol, tobacco, prescription and over-the-counter drugs and other drugs.

• Kids and Drugs

A prevention education program designed for parents and for individuals working with young children who are interested in preventing alcohol and drug problems within this population. The program provides information about alcohol and other drugs and their use; examines the necessary skills and child rearing practices for preventing drug use, and

assists parents with the development of prevention goals, plans and activities. Program delivery is based on demand. AFM also provides a facilitator's training program for individuals interested in becoming volunteer leaders.

• Alcohol, Drugs and the Aging

This one-day program provides an overview of current issues relating to alcohol and drug problems among the elderly. The program enables formal and informal caregivers to become aware of their attitudes towards the elderly and alcohol abuse. Program components include an overview of the magnitude of the problem, skill development in the areas of identification, intervention, referral processes and prevention.

Community Education Courses 944-6260

The AFM offers a variety of core alcohol and drug related education courses which are based on the latest research and developments in the drug abuse field. Adult learning concepts and principles are utilized in all courses. Courses are offered on a regularly scheduled basis to helping professionals and the general public. Some of the courses offered include: Chemical Dependency Intervention Course, Counselling Alcoholic Clients, Group Skills for Addiction Counsellors, Presentation Skills, Prevention of Drug Abuse, Essential Prevention Concepts and Strategies, Assessment and Treatment Strategies in Chemical Dependency and Relapse Prevention. A complete Course Calendar is available.

Employee Assistance Programs 944-6260

The AFM assists employers in developing EAP services and programs as well as providing training for referral agents, supervisors, management and union representatives on issues related to drug/alcohol and other personal problems which are affecting an employees work performance. A five-day Referral Agent Training Program is offered and provides management, staff and union leaders with the knowledge and skills required to act as Referral Agents to ensure the employee gains access to services which are required. Program components include a basic history and description of the EAP process, overview of the role of the referral agent, resources list for troubled employees and skill development in basic communication.

Native Programs 944-6206

Native programs provide culturally relevant training/education in a development format to professionals, para professionals, students as well as individuals who are interested in this area. The target audience are those persons working in the Aboriginal social services field. Training programs address such topics as attitudes and values, identification, treatment planning and referral, process of intervention, treatment and recovery issues, and other related issues in an Aboriginal context.

The AFM's Native Prevention/Education Consultant responds to community requests to develop and deliver specialized culturally relevant presentations or training. In addition to delivering education and training in various communities, staff also assist these communities in developing local initiatives in efforts to prevent alcohol and other drug abuse.

Satellite Services

A variety of services of varying intensity are provided in Gimli, Beausejour, Portage La Prairie and surrounding areas. These services include intervention and referral for persons requiring treatment; individual counselling for persons requiring information or for persons who are involved with a self-help group but require some additional supportive counselling.

In addition, staff provide a variety of Prevention/Education programs that range in length from a five-day knowledge skill development program to shorter information and awareness sessions. Consultation and training are provided for specific communities or groups enabling them to develop a greater community action towards alcohol/drug abuse or misuse and its related problems. Impaired Drivers' Program assessment services are offered in Gimli and Portage La Prairie.

Family Intervention

Family Intervention is provided for persons concerned about a significant others use of chemicals. The program involves a general information session followed by three educational sessions and the intervention rehearsal and follow-up session. The AFM's definition of Family Intervention is "a ritualized way to communicate grief at the loss of relationships". Intervention is a process not an event and is based upon a belief that chemical dependency is a family issue which calls for intervention and treatment for the entire system.

Impaired Drivers' Program 944-6290

Under Manitoba's Highway Traffic Act, any Manitoban convicted of impaired driving under the Criminal Code, or anyone in receipt of an Administrative Suspension, must enter the Impaired Drivers' Program at the Alcoholism Foundation of Manitoba for assessment*, before a driver's licence is reinstated. This a requirement of the Registrar of Motor Vehicles.

*There is a non-refundable fee for service payable to the AFM to cover the costs of the required assessment. This fee must be paid prior to the rendering of services.

Assessment: A process to determine the degree of an offender's chemical use. The offender completes an assessment questionnaire and is interviewed by a counsellor. From this interview, the counsellor determines to what extent alcohol and other chemicals have interfered in the offender's life. Based on the assessment, no further action may be required or an offender may be referred to an education workshop, high risk program and/or rehabilitation program. With the offender's authorization assessment results are reported to Driver and Vehicle Licencing.

Education Workshop: A one-day workshop for offenders, geared to developing alternatives to drinking and driving. The workshop provides accurate information on alcohol and other drugs and their effects on driving motor skills. It differentiates drinking and driving behaviours. Offenders, deemed to be at risk of re-offending, are referred to this workshop after completing the assessment process.

High Risk Program: A program designed to influence behaviour change related to chemical usage, and to encourage individuals convicted of impaired driving who have been assessed "at risk" of developing a chemical dependency problem, to develop life functioning skills. During the program, offenders increase their knowledge about their own chemical abuse problem, and develop a plan of action to address issues identified. This program advocates self-directed learning.

Rehabilitation Program: Individuals identified as having an active chemical usage problem are referred to an AFM Non-Residential, Day or Residential program and/or and alternative helping resource.

ADOLESCENT COUNSELLING SERVICES 944-6235

Treatment

Assessment: Adolescents referred to Counselling Services are interviewed initially by an Intake counsellor who gathers background information. Dependent upon the outcome of the intake interview, a referral may be made to the High Risk Program which provides an opportunity for further assessment/intervention.

High Risk Program: High Risk provides basic education about alcohol and other drugs, and opportunities for clients to self-assess their own use and the consequences of this use. The program is one week long, from 4:00-6:00 pm daily. Most youth clients who are assessed, participate in this program and as required, are referred to a further helping resource.

Non-residential Rehabilitation: This program is designed for youths who are harmfully involved with alcohol and other drugs. In addition to individual counselling and aftercare sessions, the program incorporates a three-week group (from 4:00 to 6:00 daily). During the rehabilitation process, links are established with resources and self-help programs in the community for ongoing support.

Parent Intervention Program: Parents who are concerned about their child's use of alcohol and other drugs are encouraged to attend, whether or not their child is involved in rehabilitation services. The program provides information on adolescent drug use including chemical dependency, and teaches parents how to support their child's recovery. Links are established with a self-help group for continued support.

Training and Consultation

Adolescent Services offers training to schools and other community agencies and organizations on a variety of topics, including: Student Assistance Programs,

School Alcohol/Drug Policies, Peer Helping, Responses to Children from Troubled Families, Facilitating Support Groups, Youth and Drugs: An Education Package for Professionals.

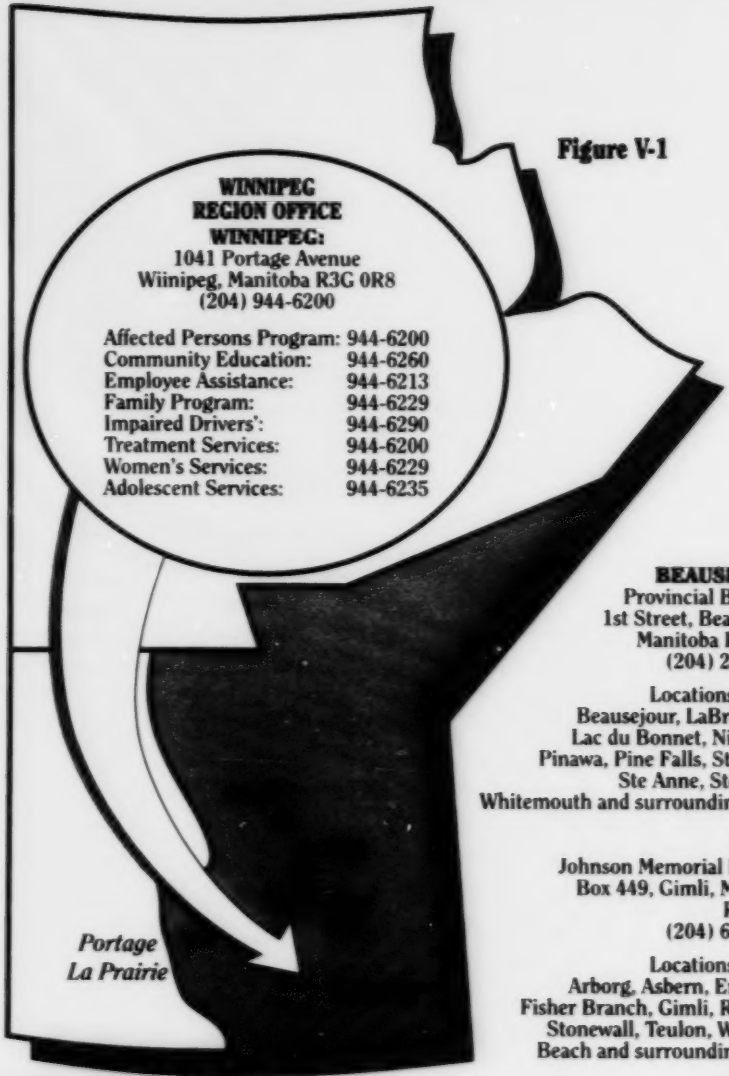
In addition to training for professionals, Adolescent Services also offers training for students. **"One-to-One"** is a week-long leadership training program for peer helpers. It is held each June, and is open to high school students interested in improving their helping skills and increasing their knowledge of alcohol and other drug issues. Training may also be arranged for individual schools who are seeking to enhance their peer helpers' training program.

The Northern and Rural Youth Intervention Strategy (YIS) addresses the alcohol and drug information and counselling needs of students in the Manitoba secondary school system. YIS provides intervention and treatment services for youth affected by alcohol/drug related problems. Using a Student Assistance Program approach, Youth Treatment Workers facilitate early intervention of adolescent problems and collaborate with community professionals and referring agencies to ensure that a wide intervention network meets the needs of chemically dependent and at risk adolescents.

The YIS facilitates drug and alcohol policy development in schools and trains teachers and guidance counsellors in the identification of alcohol and drug problems.

Operating on a pilot basis in rural and northern areas, the Youth Intervention Strategy has been established in selected schools in the Portage La Prairie, Morden, Beausejour and Gimli areas.

Figure V-1



BEAUSEJOUR:
Provincial Building,
1st Street, Beausejour,
Manitoba R0E 0C0
(204) 268-1411

Locations served:
Beausejour, LaBroquerie,
Lac du Bonnet, Niverville,
Pinawa, Pine Falls, St. Pierre,
Ste Anne, Steinback,
Whitemouth and surrounding areas.

GIMLI:
Johnson Memorial Hospital
Box 449, Gimli, Manitoba
R0C 1B0
(204) 642-5162

Locations served:
Arborg, Asbern, Eriksdale,
Fisher Branch, Gimli, Riverton,
Stonewall, Teulon, Winnipeg
Beach and surrounding areas.

PORTAGE LA PRAIRIE:
2nd Floor, 9 Saskatchewan Ave. West,
Portage la Prairie, Manitoba R1N 3J9 (204) 857-8353
(Impaired Drivers' Program: 857-8363-recording)

Locations served:
Carman, Elm Creek, Eriksdale, Gladstone, Langruth,
Long Plains, MacGregor, Morden, Portage la Prairie,
Sandy Bay, Treherne, Westbourne, Winkler and
surrounding areas.

SELKIRK:
3rd Floor, 343 Main Street
Selkirk, Manitoba
R1A 1T3
(204) 785-2354

Locations served:
Selkirk, St. Andrews
and St. Clements and
surrounding municipalities.

The Alcoholism Foundation of Manitoba (AFM) provides a broad range of services related to alcohol and other drug problems. If you or someone you know needs help, or if you would like more information, please contact your nearest AFM office.

Corporate Office (Winnipeg)	**944-6200**
General Inquiries:	944-6200
Executive Director:	944-6236
Finance & Personel:	944-6212
Awareness & Information Services:	944-6281
Library:	944-6233
Research & Data:	944-6243
Information / Media Resources:	944-6232
Northern Region Office:	677-4541
Western Region Office:	729-3838
Winnipeg Region Office:	944-6200

Northern Region (Thompson)	**677-4541**
Flin Flon	687-8218
Leaf Rapids	473-8122
The Pas	623-5489

Western Region (Brandon)	**729-3838**
Dauphin	638-9230
Minnedosa	867-3849
Rossburn	859-2375
Ste-Rose-du-Lac	447-2929
Swan River	734-2030

Winnipeg Region (Winnipeg)	**944-6200**
Assessment/Intake	944-6200
Treatment Services	944-6200
Impaired Drivers' Program	944-6290
Women's Centre	944-6229
Adolescent Services	944-6235